



UNIWERSYTET
WARSZAWSKI



ZOSTAŃ
NA UW

STUDENT SUPPORT SERVICES AT UW

presentation by

**Student Welfare and Support Office, Office for Persons with Disabilities,
Careers Office i Psychological Support Centre**

created as part of the project “Anti-dropout Programme – Stay at UW!”

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Fundusze Europejskie
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**ALL UW STUDENTS
CAN CONTACT AND GET SUPPORT FROM
THESE OFFICES**

**Student Welfare and Support Office BPM
Office for Persons with Disabilities BON
Careers Office BK
Psychological Support Centre CPP**

BPM

STUDENT WELFARE AND SUPPORT OFFICE

You can count on us!





Scholarships

- Social scholarship
- Rector's scholarship
- Scholarship to Start
- Minister's scholarship
- Assistance grant



Accommodation

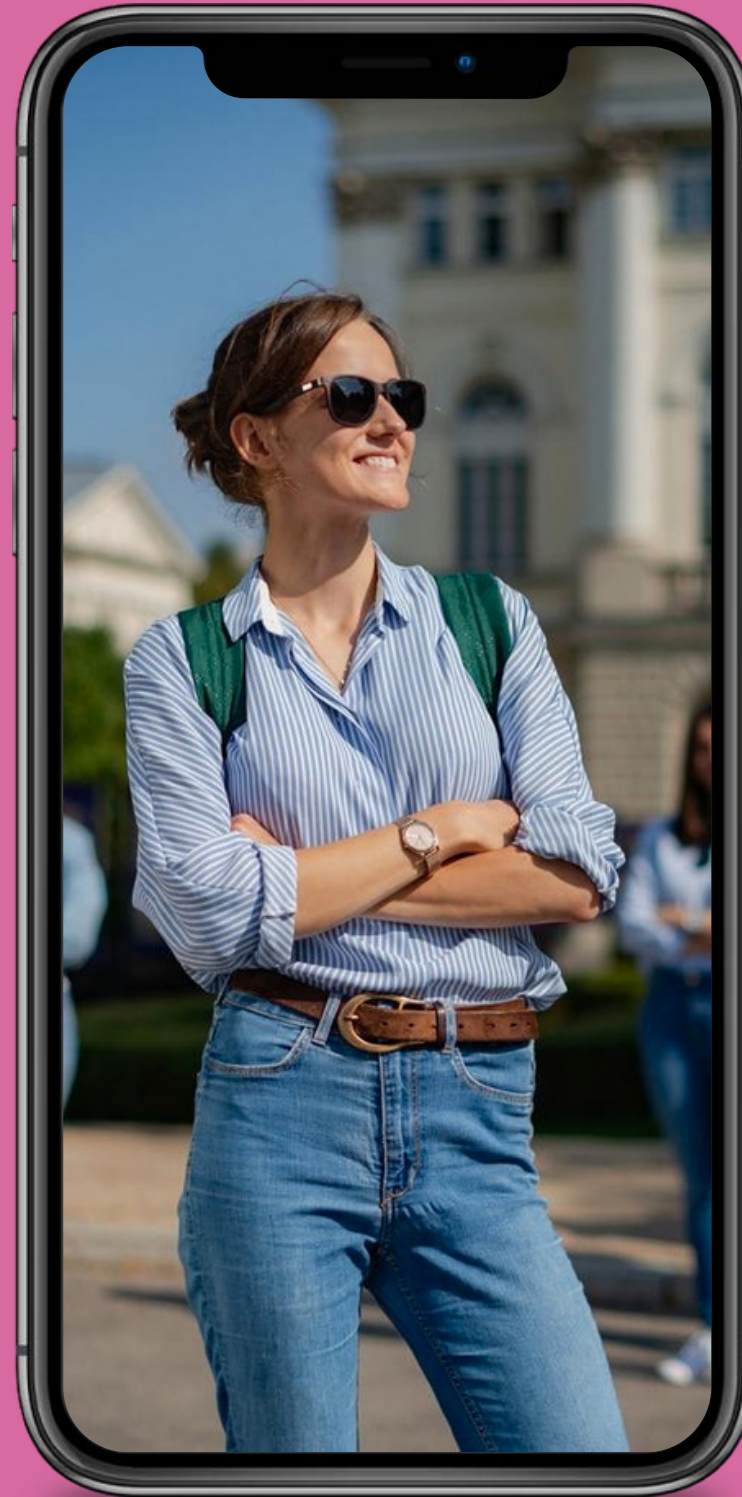
The University of Warsaw operates 7 student dormitories in different parts of Warsaw.



Health insurance

In certain situations, the University can provide you with health insurance.

Where can you find information about financial support at the University of Warsaw?



Office for Persons with Disabilities



Student Welfare and Support Office



It is also worth following the University's main website and the
Excellence Initiative - Research University website.

DORMITORIES – BASIC INFORMATION

- The University of Warsaw has 7 student dormitories, offering more than 2,000 places for students.
- They are located in Ochota (DS1, DS2 and DS6), Praga-Południe (DS3), Mokotów (DS5 and DS7), and Śródmieście (DS4).
- The monthly cost of a place in a double room ranges from PLN 520 to PLN 1,100, depending on the room type.
- The dormitories are equipped and adapted to meet a range of needs, including those of persons with disabilities.
- They provide comfortable places to study and live close to the University's campuses.



Social Scholarship and Rector's Scholarship



Who can apply for the Rector's Scholarship?

- A student who passed the matura examination in the year of admission to the first year of the programme for which they are applying for the scholarship, and who holds the title of:
- winner of an international olympiad; or
- winner of a central-level olympiad referred to in the education system regulations; or
- finalist of a central-level olympiad referred to in the education system regulations; or
- A student who is a medallist in at least a Polish Championship competition in a given sport, as referred to in the sports regulations.



Who can receive a Social Scholarship?

- A student whose monthly income per family member does not exceed PLN 2,099.70; and
- who is in a difficult financial situation.



WHEN SHOULD YOU TAKE ACTION?

You do not need to worry about missing anything if you remember a few key points during the academic year, when it is worth looking for information about particular forms of support and taking the necessary steps.

Accommodation in dormitories	after receiving a positive admission decision and during the academic year
Rector's Scholarship, Scholarship to Start, Minister's Scholarship	at the beginning of the academic year
Social Scholarship	at the beginning of each semester
Assistance grants	when something happens that puts you in a difficult life situation

BON

OFFICE FOR PERSONS WITH DISABILITIES

bon.uw.edu.pl



Who is the Office for?

Documents

You do not need a disability certificate to contact BON, but we need medical documentation.

Scholarship

A scholarship for students with disabilities may be received by a student who has a Polish disability certificate.

Who can use our support

The Office for Persons with Disabilities provides support to **anyone who is able to prove that their disability or health condition has a negative impact on their ability to participate in the educational process.**

What kinds of issues can students refer to BON?

CLASS FORMAT

Need to adjust the way classes are conducted.

DEADLINES

Difficulty in completing the course on time/ according to the schedule.

PRESENTING KNOWLEDGE

Difficulty speaking in front of a group.

TIME PRESSURE

Problems with performing under time pressure.

ORGANIZATION

Difficulties with organizing work and time.

HEALTH

A lowering of physical and mental health.

How can we support students?

- **Adaptation of teaching materials**
- Additional equipment — **technological support**
- Support from an **assistant**
- Changes to examination session schedule
- **IOS** – Individual Study Arrangements
- Recommendation for a **medical leave application**
(with the option to attend selected courses)
- **University Transportation** (for people with mobility disabilities)
- Accessible **rooms in dormitories**
- **Scholarship** for People with Disabilities



Supporting students with health-related difficulties

Health condition
prevents
studying



**MEDICAL
LEAVE**
(with the option to
attend selected courses*)

Health condition
causes difficulties
in studying



**Individual Study
Arrangements
(IOS)**



Available project activities

“Wsparcie na starcie”

a programme for students on the autism spectrum beginning their first year of study, designed to help them adapt to a new environment and academic challenges, and to develop strategies needed during their studies.

“UWażni”

a support programme for students with ADHD/ADD, delivered as a series of training sessions with a psychologist (support in effective planning of tasks and rest, help with overcoming obstacles to effective learning, and arrangements for study adjustments).



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What if...

If you don't know what might help in your situation, or what kind of support you need? What are your options?

You don't have to know!

You can contact BON, talk to a counselor, and work together to find a solution

OFFICE FOR PERSONS WITH DISABILITIES

University of Warsaw

Dobra 55, room 0.070, ground floor,
website: **www.bon.uw.edu.pl**

Tel. **22 55 24 222**

E-mail **bon@uw.edu.pl**



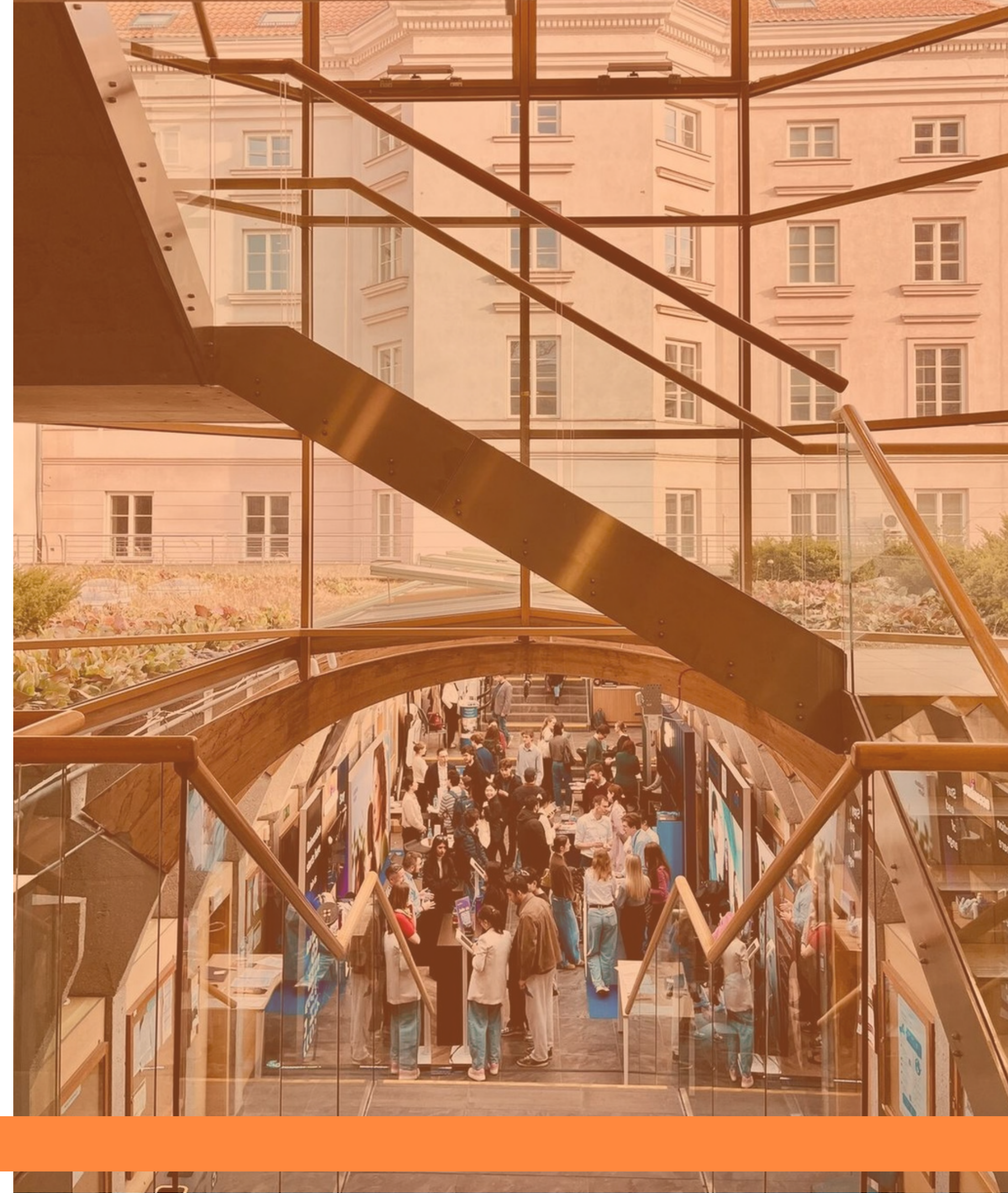
bon.uw.edu.pl

Meetings with BON consultants are available in person and and remotely

BK

CAREERS OFFICE

Follow us!



HOW CAN WE HELP YOU?

When...

You're planning your academic or career path.

You want to unlock your potential.

You're looking for a job, internship, or volunteering.



SABK - ACADEMIC JOB OFFER PORTAL



**SERWIS
AKADEMICKICH
BIUR
KARIER**
biurokarier.edu.pl

How to set up your account? 3 easy steps!

1. Fill out the form to gain access [you'll find it on our website]
2. Log in and fill in your profile.
3. Apply to job offers!



INTERNSHIPS

Don't wait until you graduate
to start gaining experience.
Check out how we can help.



CAREER COUNSELLING - 1:1

MEETINGS

You have access to meetings with career counsellor. It's free of charge.
You will get support in looking for your career path and find out what your strengths are.

You can sign up for an online meeting or meet with us in the office.

E-mail: j.ksen@uw.edu.pl



WOULD YOU LIKE TO KNOW WHAT ELSE WE HAVE TO OFFER?



HOW TO...

GAIN EXPERIENCE WHILE STUDYING? PLAN YOUR
CAREER PATH STARTING NOW?

LET'S TALK!

E-mail: j.ksen@uw.edu.pl

START YOUR CAREER NOW!



MONDAY – THURSDAY 8:00-16:00

FRIDAY 8:00-14:00



www.biurokarier.uw.edu.pl



22 55 20 763, 22 55 20 585, 22 55 20 663



j.ksen@uw.edu.pl



MAIN CAMPUS, Krakowskie Przedmieście STREET 32



CPP

PSYCHOLOGICAL SUPPORT CENTRE

cpp.uw.edu.pl



THE CPP TEAM

- psychologists,
- psychotherapists,
- crisis intervention workers.

**We provide support
in two languages:**

- Polish
- English



AREAS OF EXPERTISE

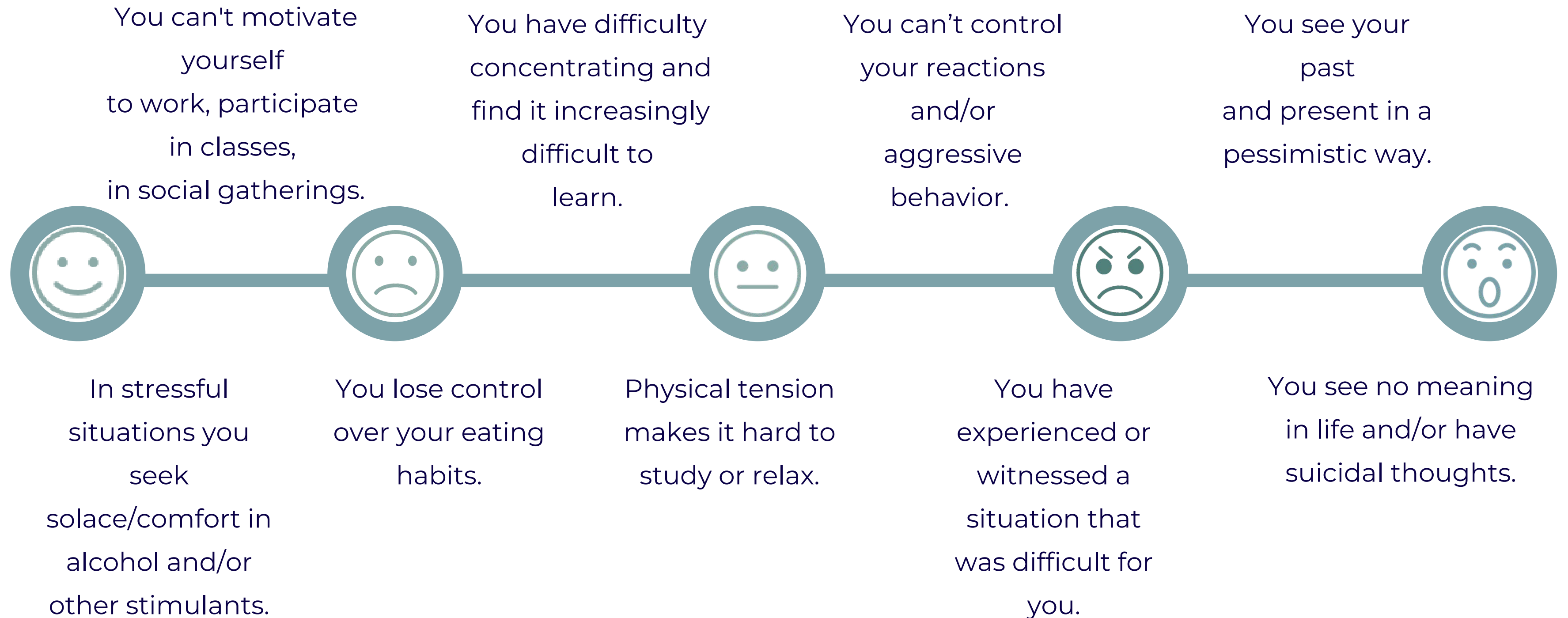
**DEVELOPMENT
AND PREVENTION**

**PSYCHOLOGICAL
SUPPORT**

PSYCHOLOGICAL SUPPORT



WHEN TO APPLY



HOW TO APPLY

1

active student
status

2

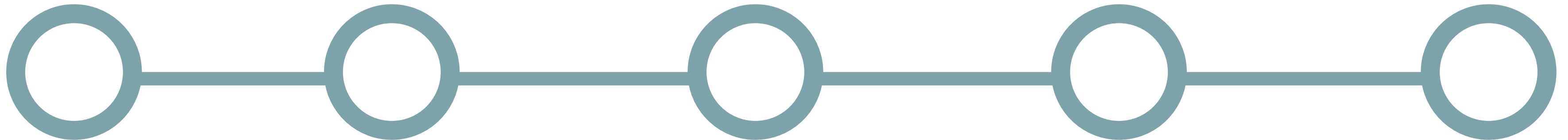
ID card or
student ID card

3

Registration Point
ul. Ludwika Pasteura 7
room 108, 1st floor,
entrance from Banacha
Street

4

The Registration Desk is
open: Monday-Thursday
10:00 a.m.-2:00 p.m.
ENG: Monday, Tuesday
10:00 a.m.-2:00 p.m.



SERVICES AT THE CPP

GROUP PSYCHOTHERAPY

SHORT-TERM SUPPORT GROUPS

**PSYCHOEDUCATIONAL
WORKSHOPS**

LGBTQ+ SUPPORT GROUP

DIFor LGBTQ+ students

**GROUP PSYCHOTHERAPY FOR
STUDENTS**

WHO EXPERIENCED PSYCHOSIS

**CLUB FOR NEURODIVERGENT
STUDENTS**

UW HELPLINE

 **22 552 44 24**

**HOTLINE AND
CHAT OPENING HOURS:**

18.00 - 00.00

MONDAY-FRIDAY

**TUESDAY AND WEDNESDAY FOR ENGLISH
SPEAKING STUDENTS**

CHAT

+48 880 762 439 WhatsApp

PSYCHOLOGICAL SUPPORT CENTRE UW

Reception hours at the Registration Point:

- Monday–Thursday, 10:00 a.m.–2:00 p.m.
- English language consultations: Tuesdays and Wednesdays, 10.00 am to 2.00 pm

FOLLOW US ON FB AND BE UP TO DATE WITH CPP!

<https://www.facebook.com/CPP.UW>
www.cpp.uw.edu.pl



OCHOTA CAMPUS

ul. **Ludwika Pasteura 7**,
Warszawa
(entrance from Banacha
Street)

1st floor, room 108

CONTACT US AT:



tel.: [694 711 731](tel:694711731), [22 55 20 063](tel:225520063)



cpp@adm.uw.edu.pl

THANK YOU FOR LISTENING!

PRESENTATION CREATED AS PART OF THE PROJECT
“ZOSTAŃ NA UW! PROGRAM ANTYDROPOUTOWY”

